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“Martial arts, combat sports, humanism – *budô*, *kakugi*, *jindô*”, 2nd International Scientific Conference of Experts – Researchers on Martial Arts and Humanists Targowiska – Krosno, April 25th–26th, 2008

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“2nd International Scientific Conference of Experts – Researchers on Martial Arts and Humanists” was organized under the auspices of the Embassy of Japan in Poland and under patronage of International Association of Sport Kinetics (IASK); European Academy for Carpathian Euroregion (EACE); Rzeszów University (Poland); Prešov University (Slovakia); State Professional College (PWSZ) in Krosno (Poland); Editorial Board of Scientific Year’s Issue “Idô – Movement for Culture” and Editorial Board of “Archives of Budo”. Six institutions organized this event: European Academy for Carpathian Euroregion (EACE), Faculty of Physical Education from Rzeszów University, Faculty of Sport from Prešov University, PWSZ in Krosno, Idokan Poland Association (IPA) and Podkarpackie Scientific Society of Physical Culture in Rzeszów.

The Conference was a continuation of the 1st International Scientific Conference “Humanist theory of martial arts and combat sports – concepts and problems” organized in Rzeszów in 2003. It conducted to dialog of the latest research results and theoretical concepts. It should be also another step towards integrating the domestic and international environment of martial arts and combat sports researchers in the perspective of the foreseen 2nd World Scientific Congress of Combat Sports and Martial Arts. The Conference was also dedicated to **Prof. Ewaryst Jaskólski’s** (1932–2007) memory, a prominent scientist in the field of combat sports and martial arts. He was a Honorary Member of the Idokan Poland Association, an international scientific and educational society for *budô* research.

The president of the Organizational Committee was **Prof. Kazimierz Obodyński**, the Head of the Scientific Research Board of IPA and a Honorary Member of IPA. Secretary of the Committee was **Prof. Wojciech Czarn**. President of the Scientific Committee was **Prof. Wojciech J. Cynarski**,

President of IPA. In the Scientific Committee participated 23 professors from 12 countries.

Unfortunately, two of invited key lecturers – **Prof. Nakiri Fuminori** (President of Japanese Academy of Budo, Japan) and **Prof. Matthias von Saldern** (University of Lueneburg, Germany) could not attend to Conference. But many other scholars and *budo* masters participated in the Conference, as follows: **Zbigniew Bujak Ph.D** 6 dan *taekwondo* (Poland), **Prof. Wojciech J. Cynarski** 7 dan *jujutsu*, 5 dan *karate* (Poland), **Abel A. Figueiredo Ph.D** 5 dan *karate* (Portugal), **Prof. Roman M. Kalina** 3 dan *judo* (Poland), **Prof. Taketo Sasaki** 7 dan *judo* (Japan), **Prof. Hrvoje Sertić** 6 dan *judo* (Croatia), **Mr Jan Slopecki** 9 dan *jujutsu* (Poland), **Prof. Stanisław Sterkowicz** 4 dan *hapkido* (Poland).

The Opening Ceremony took place in the conference room of the „Game Sport” hotel in Krosno on Friday, 25 April at 12.00. Main organizers – Professors Kazimierz Obodyński and Wojciech J. Cynarski – warmly welcomed arrived guests and participants and read out a letter from Mr **Ryuichi Tanabe**, Ambassador of Japan in Poland.

The I Plenary Session was leaded through **Prof. Carlos Gutiérrez Garcia** (University of Leon, Spain) and two Polish researchers and theoreticians – Prof. Roman Maciej Kalina and Prof. Wojciech J. Cynarski (both from Faculty of Physical Education Rzeszów University). According to scientific programme Prof. Taketo Sasaki (Fukushima University, Japan) presented his lecture: *The Martial Arts as Japanese Culture: The Outlook on the Techniques and the Outlook on the Human Being*. It was devoted to elucidation of the *budô* as a part of Japanese and Far Eastern culture. Next Prof. R. M. Kalina explained in *Philosophical and Praxeological Dimension of Combat Sports Theory*, the praxeology, as a field of knowledge, and described praxeological dimension of combat sports in the light of his

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Figure 1. Opening Ceremony. Chairmen: (from left) Roman M. Kalina, Carlos Gutierrez Garcia, Kazimierz Obodyński, Wojciech J. Cynarski.



Figure 2. Prof. Taketo Sasaki during his lecture.



Figure 3. A part of participants in Targowiska (all photos: G. Szajna, IPA).

own theory. Finally, Prof. Stanisław Sterkowicz (Academy of Physical Education in Kraków, Poland) presented his lecture *Training Teachers of Martial Arts and Combat Sports in Poland*, and also a short paper with results of research (made with Prof. Hrvoje Sertić, University of Zagreb, Croatia) about wellness in judo training. The next point of programme was a discussion with many interesting conclusions.

After lunch, President of the City of Krosno in the town hall entertained participants. The scholars and scientists had a sightseeing tour to the Museum of Oil-lamps in Krosno and to Ignacy Łukasiewicz Mamorial Museum of Oil Industry in Bóbrka. After that participant had a social meeting in the historical minor-house Targowiska.

Second day of the conference began at 9 a.m. in Targowiska, in the Educational Centre of EACE. The Chairmen of the first oral presentation session – *Philosophy, sociology and pedagogy of far eastern martial arts and combat sports* – were Prof. Sasaki, Prof. Cynarski and **Dorota Pawlik Ph.D** (Academy of Physical Education in Katowice, Poland). There was presented two papers – studies of Spanish researchers Prof. Carlos Gutiérrez Garcia and **Mr Mikel Pérez Gutiérrez** relating bibliography of martial arts in Spain. It was also on sociological perspective of karate practice (reasons of popularity) in Portugal in the paper of **Mr Vitor Alberto Valdas Rosa** from Lisbon and about professional routine of *taekwondo* instruc-

tors – Z. Bujak PhD (The Józef Piłsudski Academy of Physical Education in Warsaw, Biała Podlaska branch, Poland).

Session II was entitled *From hopology to holistic anthropology of martial arts* and the chairmen were Abel A. Figueiredo Ph.D (Viseu, Portugal), **Zdenko Reguli Ph.D** (Brno, Czech Republic) and W. J. Cynarski. D. Pawlik presented a film and lecture: *Maori Haka – Icon of the New Zealand’s Culture*. “Haka” is a war dance of Maori warrior. Reguli described a problem: *Kalokagathia from Aikido Point of View*. Figueiredo, playing double part in the session, shown an interesting theoretical study: *The Study Object of Martial Arts and Combat Sports*, in which he acquainted participants with conceptions: *motrice, motricity* and *mesoscopic vision*.

Session III – *Martial arts and combat sports in the perspective of the standards of physical education schools of all types* – was leaded through **Zbigniew Borysiuk Ph.D** (Polytechnic Opole, Poland) and Prof. Cynarski. It was only, connected with a programme, two papers: *Selected Elements of Taekwon-do and Their Significance in Training Process of Security Guards in Zamość* by **Mr Jarosław Walczak** (Zamość, Poland) and *The Combat Sports in Physical Education Classes* by Abel Figueiredo Ph.D.

The Chairmen in the Session IV (*Holistic training*) were Professors Hrvoje Sertić, Stanisław Sterkowicz i Taketo Sasaki. Empirical original works presented **Prof. Raquel Escobar**

Molina (University of Granada, Spain), **Mario Baić Ph.D** and **Mr Daniel Bok** (both from University of Zagreb, Croatia).

After lunch during the last, V Session (*Varia*, Chairmen were Roman M. Kalina and W. J. Cynarski) were presented five papers. Z. Borysiuk PhD shown his conception *New Approach to Talent Identification in Combat Sports. The Case of Fencing*. **Jacek Wasik Ph.D** (Jan Długosz University of Częstochowa, Poland) was focused in the issue of human reactions and it is physical conditions. Mr Jan Slopecki (Warsaw), in behalf of an international researchers team from IPA, presented paper: *Patriotic Education through Budo and Combat Sports on Example of Idokan Poland Association*. **Artur Litwiniuk Ph.D** (The Józef Piłsudski Academy of Physical Education in Warsaw, Biała Podlaska branch) gave report with results of 5-person team on: *Psychological Factors of People Training Traditional Karate*. There was presented also a work of **Prof. Stanisław Tokarski** (Polish Academy of Sciences, Warsaw) and **Waldemar Sikorski Ph.D** (Academy of Humanities and Economics in Łódź, Poland) – *Asiatic Westernization and European Easternization of Budo – Axiological and Praxiological Consequences*.

The interesting supplement for the all oral presentation was an essential discussion. After that, President of the Scientific Committee recapitulated the Conference. Prof. Cynarski

said that issues discussed during this meeting were diversified and realized on the highest level. There is necessity for organizing next scientific events of this kind. He has formal closed this international Conference.

RESUMÉ

In the conference in six sessions took part together about 80 participants from 16 countries – active, as guests from Honorary Committee or from Organizing and Scientific Committees. It was published a *Proceedings book* with 32 reviewed abstracts. For oral presentation was classified 25 papers. Participants have received certificates of active participation. Selected works (full papers) will be published after reviews in the monograph: *Martial Arts and Combat Sports – Humanistic Outlook*. Other works should be send to Editorial Boards of “Idô – Movement for Culture” and “Archives of Budo”.

There was indicated an essential necessity for continuation the deepen, humanistic and multidisciplinary studies and conferences in this subject. Also a declaration of Prof. Kazimierz Obodyński (the President of the Organizational Committee), that it will be organized next similar conferences, is very important for international researchers of the martial arts phenomenon.

